

# CHARLEMONT

— BAR & BISTRO —

## **Morning Menu**

**Available 7am – 12am Monday – Friday**

### **Danish Pastry(V) €3.50**

*Fresh selection of Danish Pastries Daily.. (1,3,7)*

### **Fresh Baked Croissant(V) €2.50**

*Butter & Raspberry Conserve(1,3,7)*

### **Fruit Scone(V) €2.75**

*Fresh fruit Scone, butter, conserve & cream(1,3,7)*

### **Bacon Bap €6.50**

*Bacon and sausage bap (1,3,7,12)*

*(Add egg €1.50)*

### **French toast & Smoked bacon €8.50**

*Maple syrup and Irish butter (1,3,7,12)*

### **Flahavans Porridge with Berries(V) €6.50**

*Creamy porridge with berries and honey(1,3,7)*

### **Charlemont Birch Muesli (V) €4.50 (1,3,7)**

*Topped with almonds, seeds & honey.*

### **Greek Style Yogurt Bowl(V) €4.50(1,3,7)**

*Topped with berries and honey*

*(V) – Vegetarian (GF) – Gluten Free (CA) – Coeliac Adaptable*

*All prices in Euros, VAT for food & beverages at the current rate.*

*For those with special dietary requirements or allergies, please ask a member of staff.*

- 1.Cereals containing gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5 Peanuts, 6. Soybeans, 7. Milk, 8. Nuts, 9. Celery,  
10. Mustard,  
11. Sesame seeds, 12. Sulphur dioxide and sulphites,13. Lupin, 14. Molluscs